



**Office of Alcoholism and
Substance Abuse Services**

Health Homes Serving Children

**Systems Overview: Office of Alcoholism
and Substance Abuse Services**

June 15, 2016

OASAS System Overview



OASAS Mission and Vision

Mission:

To improve the lives of all New Yorkers by leading a comprehensive premier system of addiction services for prevention, treatment, and recovery

Vision:

A future where New York State is alcohol safe and free from chemical dependence and compulsive gambling.



OASAS Functions

- Plans, develops, and regulates the State's system of substance use disorder and gambling treatment agencies
- Direct operation of 12 Addiction Treatment Centers, providing inpatient rehabilitation services to approximately 9,000 persons per year
- Certifies, funds, and supervises over 900 community-based substance use disorder treatment programs, which serve approximately 100,000 persons on any given day.



OASAS Bureau of Adolescent Women and Children's Services

- Program Development and Practice Improvement for Youth Serving
 - Clinical Practice Standards for Programs serving adolescents with Substance Use Disorders
 - Promoting the use of Evidence Based Practices



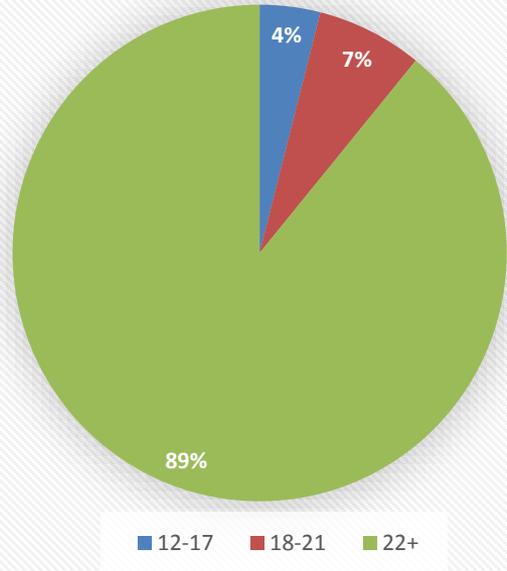
OASAS Bureau of Adolescent Women and Children's Services

- LOCADTR-A - Level of Care Tool
- Recovery Supports
 - Youth Clubhouses
 - Certified Peer Recovery Advocate – Youth
 - Certified Peer Recovery Advocate - Family



Ages of Individuals Admitted to OASAS Certified Programs

Age at Admission, by Percent of Total Unique Persons Admitted in 2015 (n= 161,700)



Data Notes:

Unique NYS Residents Admitted to NYS OASAS Treatment Programs, by Age Group in CY 2015

- This data represents only admissions of patients into the OASAS-certified treatment system

- These numbers are the clients age at the last admission of the year

- Data do not include non-NYS residents

Data Source: NYS OASAS Data Warehouse, Extract Date: 5/29/2016



Youth with Substance Use Disorders will qualify for Health Homes if.....

- A diagnosed Substance Use Disorder and another Chronic Condition (i.e.: Mental Health Disorder)

Current Services Available to Youth with Substance Use Disorders

- Clinic Based Outpatient Services
- Residential Rehabilitation Services for Youth (RRSY)
- Intensive Residential Services - Adolescents
- Inpatient Substance Use Disorder Treatment
- Medication Assisted Treatment (limited)
- Youth Club Houses



Future Services Available to Youth With Substance Use Disorders

- Community Based Outpatient Services
 - Ability to meet youth in community settings outside the clinic walls
 - Clinical Practice Standards for Adolescent Treatment
- Residential Redesign for Adolescent Programs
 - A full continuum of services to include in-patient, stabilization, Rehabilitation, Community Re-Integration



Future Services Available to Youth With Substance Use Disorders

- Increased Access to Medication Assisted Treatment
- Inpatient Services
- Recovery Support Services for Youth
 - Youth Clubhouses
 - Certified Recovery Peer Advocates – Youth
 - Certified Recovery Peer Advocates - Family



LOCADTR-A

- Level of Care for Alcohol and Drug Treatment Referral-Adolescent
- A web-based tool that will aid substance use disorder treatment providers to determine the best level of care for a client
- Adapted for adolescents and young adults from the adult tool
- Medicaid Managed Care



Prevention

Substance abuse and problem gambling prevention service providers operate within every county in the state to deliver services designed to reduce the risk factors and enhance the protective factors demonstrated by research to reduce substance abuse and related problem behaviors.

Service provided to:

- Children and Families
- Schools and Communities
- Counseling and Early Intervention services



Signs of Adolescent Addiction



Substance Use Disorders Classes of Drugs

- Alcohol
- Cannabis
- Hallucinogens
- Inhalants
- Opioids
- Sedatives
- Stimulants
- Tobacco



Underage Drinking

According to the 2013 National Survey on Drug Use and Health (NSDUH):

Underage drinking is widespread:

- 35.1 percent of 15-year-olds report that they have had at least 1 drink in their lives.
- About 8.7 million people ages 12–20 (22.7 percent of this age group) reported drinking alcohol in the past month (23 percent of males and 22.5 percent of females).

Young people drink a lot:

- Approximately 5.4 million people (about 14.2 percent) ages 12–20 engaged in binge drinking (15.8 percent of males and 12.4 percent of females).
- Approximately 1.4 million people (about 3.7 percent) ages 12–20 engaged in heavy drinking (4.6 percent of males and 2.7 percent of females).



Marijuana Use by Adolescents

According to the Substance Abuse and Mental Health Administration (SAMHSA):

- Based on 2013-2014 data, 7.22 percent of adolescents aged 12 to 17 across the nation used marijuana in the past month. Adolescent marijuana use ranged from 4.98 percent in Alabama to 12.56 percent in Colorado.
- In 2013–2014, about one out of four (23.54 percent) adolescents nationwide perceived great risk in smoking marijuana once a month (i.e., monthly use), ranging from 15.72 percent in the District of Columbia to 32.75 percent in Utah.
- Adolescent marijuana use remained unchanged in 48 states and declined in 3 (comparing 2013–2014 estimates to 2012–2013 estimates). However, youth perceptions of great risk of harm from monthly marijuana use decreased in 14 states, while 37 states experienced no change.



Other Illicit Drug Use by Adolescents

According to the 2014 National Survey on Drug Use and Health:

- Non Medical Pain Relievers- 467,000 adolescents aged 12 to 17 (1.9%) and 978,000 young adults aged 18 to 25 (2.8%)
- Heroin-28,000 (0.1%) of adolescents were current heroin users, and 12,000 (0.1%) were past year users. 268,000 (0.2%) of Young Adults were current users, and 186,000 (0.8%) were past year users.
- Tranquilizers- 103,000 adolescents (0.4%) and 416,000 young adults (1.2%)
- Stimulants and Methamphetamine- 169,000 (0.7%) adolescents, including about 45,000 (0.2%) current methamphetamine users. 406,000 (1.2%) young adults, including about 86,000 (0.2%) current methamphetamine users.
- Sedatives- 41,000 adolescents in 2014 (0.2%) and 56,000 young adults (0.2%)
- Cocaine- 39,000 (0.2%) adolescents, including 8,000 (>0.1%) who used crack. 473,000 (1.4%) young adults, including 29,000 (0.1) who used crack.



Physical Signs of Substance Abuse

- ✓ Extreme loss or increase in appetite, change of eating habits and unexplained weight gain or loss
- ✓ Extreme loss of, or poor, physical coordination, including slow or staggered walk
- ✓ Insomnia or increased need for sleep, keeping unusual hours or unusually lazy
- ✓ Smells of substance, foul body odor
- ✓ Unusual lack of bathing or grooming
- ✓ Blank stare, red watery eyes, over or under dilated pupils



Physical Signs of Substance Abuse Continued

- ✓ Hyperactivity and excessive talkativeness
- ✓ Shaking hands or cold sweaty palms
- ✓ Puffy flushed or pale face
- ✓ Runny nose and cough
- ✓ Experiences nausea and vomiting
- ✓ Tremors of the head, feet or hands
- ✓ Needle-like marks on extremities, including the bottom of feet



Behavioral Signs of Substance Abuse

- ✓ Change in attitude and personality, without other notable cause
- ✓ Avoidance of friends and family
- ✓ New friends who are known users
- ✓ Developing “loner” tendencies or anti-social behaviors
- ✓ A drop in grades and work ethic



Behavioral Signs Continued

- ✓ Abnormal forgetfulness and inattentiveness
- ✓ Change in habits with family and in the home
- ✓ Lack of motivation and energy
- ✓ Excessive temper and irritability
- ✓ Nervousness and anxiety
- ✓ Giddiness and excessive laughter, without known cause
- ✓ Unusually private, secretive and suspicious behavior
- ✓ Stealing money or household items (e.g. spoons) disappearing
- ✓ Possession of paraphernalia, such as; rolling papers, pipes, bongs, syringes, digital scale, and razor blades



Resources



OASAS Resources

- HOPEline: 1-877-8-HOPENY
- [Talk2Prevent](#)
- [Kitchen Table Toolkit](#)
- [Combat Heroin and Prescription Drug Abuse](#)
- [Treatment Provider Directory](#)
- [OASAS Addiction Treatment Centers](#)
- [Statewide Bed Availability Dashboard](#)
- www.oasas.ny.gov
- [National Institute on Drug Abuse](#)



Updates, Resources, Training Schedule and Questions for Health Homes Serving Children

- Send questions, comments or feedback on Health Homes Serving Children to: hhsc@health.ny.gov or contact the Health Home Program at the Department of Health at 518.473.5569
- Stay current by visiting our website: http://www.health.ny.gov/health_care/medicaid//program/medicaid_health_homes/health_homes_and_children.htm



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